

Traditional Starters

1	LAMB TIKKA	£3.50
2	CHICKEN TIKKA	£3.50
3	SALMON TIKKA	£4.95
4	SHEEK KEBAB (Spicy)	£4.95
5	SHAMI KEEBAB	£4.95
6	CHICKEN/LAMB PAKORA	£3.50
7	ONION BHAJI	£2.95
8	STUFFED PEPPER (MEAT, CHICKEN OR VEG)	£4.95
9	CHICKEN CHATT/VEG PUREE	£4.95
10	PRAWN COCKTAIL	£3.50
11	GARLIC FRIED MUSHROOMS	£3.50
12	KING PRAWN PUREE	£4.95

Blue Ginger Appetizers

13	PANEER CHILLI	£4.95
Thin strips of Indian cheese, fried with peppers and spring onion.		
14	VEGETABLE PLATTER FOR TWO	£6.95
Consisting of samosas, pakoras and onion bhajis.		
15	KEBAB PLATTER FOR TWO	£7.95
A selection of chicken, lamb and mince.		
16	TANDOORI JINGA	£6.95
Large King Prawns flame grilled in a Tandoor and glazed with butter - cooked to perfection.		
17	TRIO SAMOSAS	£4.95
A selection of vegetable, meat and chicken.		
17	KORAHİ KEBAB	£4.95
Sheek kebab cocktail served in a sizzling iron skillet with peppers, fried onions, roasted garam masalla and a hint of ginger.		
19	CHICKEN STIR FRY	£4.95
Strips of chicken tikka fried with onions and peppers, finished with a chef's special sauce.		
20	CHICKEN MUNCHURIAN	£4.95
Small chicken breast pieces in a crispy batter fried with peppers and spring onions in a sweet tangy sauce.		
21	GARLIC KING PRAWNS	£6.95
Fresh water king prawns infused with fresh garlic and chef special sauce.		
22	CHICKEN KEBAB	£4.95
Pan fried with light Indian spices.		
23	SLAY OF DRAGON	£4.95
Strips of honey glazed chicken tikka cooked in a clay oven then tossed in a wok, served with caramalized onions and a sumptuous pineapple chutney.		

Home Curry Favourites - king prawn, prawn, lamb or chicken

24	MIXED SPECIAL	£8.95
25	MADRAS (hot)	£7.95
26	ROGON (tomato based)	£7.95
27	BHUNA (onions and tomato)	£7.95
28	DANSAK (lentil based)	£7.95
29	VINDALOO (very hot)	£7.95
30	KURMA (mild and creamy) or chocolate Kurma	£7.95 £8.95
31	BALTI (medium with onions and peppers)	£7.95
32	PATHIA (hot, sweet and sour)	£7.95
33	SAAG (spinach)	£7.95

Any of the above with:

34	KING PRAWN	£12.95
35	EXTRA VEGETABLES	ADD £1.00
36	EXTRA CHICKEN, MEAT OR PRAWNS	ADD £1.25
37	EXTRA ADDED SPICES	ADD £0.50

ALL THE ABOVE ARE AVAILABLE AS A VEGETARIAN ALTERNATIVE.

Specialities

38	CHICKEN OR LAMB TIKKA MOSSALA	£8.50
Tender pieces of chicken or lamb cooked in a mild, sweet, creamy sauce.		
39	TANDOORI GARLIC CHILLI CHICKEN OR LAMB	£8.50
Diced breast of chicken blended with fresh garlic and green chillis in a hot and fiery sauce.		
40	ACHARI CHICKEN OR LAMB	£8.50
Tender pieces of chicken or lamb fried with onions and tomatoes and a Bengal mix pickle giving this dish a lovely tangy taste.		
41	HONEY CHICKEN	£8.50
Tender pieces of spring chicken infused with honey in a rich creamy sauce.		
42	JAIPUR CHICKEN OR LAMB	£8.50
Cooked with deep fried onions and mushrooms in a rich, spicy medium sauce.		
43	TANDOORI CHICKEN CHANA PALAK	£8.50
Off the bone Tandoori chicken, fried with chick peas & fresh leaf spinach, cooked in a medium Bhuna sauce.		
44	JAL JAL CHICKEN OR LAMB	£8.50
Cooked with green peppers, birds eye chillies & hot spices. A hot dish.		
45	JALFREZI	£8.50
A spicy hot dish cooked with chicken or lamb containing various spices, methi, finished off with bullet chillies, tomatoes and onion rings.		
46	MANGO MURG	£8.50
Succulent Tandoori oven cooked chicken tikka with sweet mangoes in a fresh creamy sauce. A fruity dish.		
47	LAMB DE KHUDU	£8.50
Tender pieces of lamb cooked in a sweet relish sauce of diced chunks of butternut squash leaving a tantalizing taste on the tongue.		
48	MORRICH MOSSALA	£8.50
Juicy chicken fillets cooked with mince meat and bullet chillies in a medium to hot sauce garnished with fresh coriander.		
49	BENGAL MURG	£8.95
Chicken and lamb cooked with onions, peppers and tomatoes in a sweet spicy sauce served with boiled egg and fried Bombay potatoes.		
50	NAGA WALA CHICKEN OR LAMB	£8.50
A great flavoured hot dish consisting of tomatoes and original Bangladeshi chilli pickle, finished with fresh coriander.		
51	SHASLIK BHUNA CHICKEN OR LAMB	£8.50
Succulent pieces of seasonal chicken or lamb cooked with pepper, tomatoes and onions. Flame grilled in a Tandoori then tossed into a chef's special Bhuna medium sauce.		
52	KORI CHICKEN OR LAMB	£8.50
A delightful medium spiced dish cooked with diced onions and peppers in a Kori sauce. Served in a Kori!		
53	CHEF SPECIAL - PLEASE ASK FOR DETAILS	£12.95
Accompanied with Pilau rice.		
54	CORIANDER CHILLI CHICKEN	£8.50
Tender chunks of chicken cooked in a medium hot sauce with fresh coriander, garlic, coriander seeds and green chillies.		
55	GARLIC/GINGER SIZZLER	£8.50
Tender pieces of chicken or lamb cooked with fresh ginger or garlic in a thick sauce, served on an iron skillet to enhance the aromas.		
56	SALLI MURG	£8.95
Tender chunks of chicken cooked in a medium Bhuna sauce topped with fried potatoes and cheese.		
57	MINTY LAMB ALOO	£8.95
Tender chunks of lamb infused with fresh garden mint, then slowly cooked with baby potatoes in a medium thick sauce.		
58	MOCHA CHICKEN OR LAMB	£8.95
Chicken or lamb tikka strips marinated in a tikka sauce lightly spiced with spring onions in a chef's special sauce, finished with a sweet creamy topping.		
59	CHICKEN AND MUSHROOM JALL	£8.95
Tender chunks of chicken cooked with fresh Bell peppers and green chillies finished with a fried mushroom top.		
60	MOONG MOSSALA	£8.50
Tender chunks of chicken mixed with dry lentils. A medium thick sauce with great flavours.		

Sizzling Tandoori Specialities

(Healthy Options) all served with fresh leaf salad & mint yoghurt.		
61	CLAY OVEN MIXED GRILL	£12.95
A combination of Tandoori delicacies, consisting of Tandoori chicken, chicken tikka, lamb chops & Tandoori king prawns - the real McCoy!		
62	TANDOORI KING PRAWN	£12.95
Large king prawns seasoned and barbecued to perfection, finished off with fried onions.		
63	SHASHLIK	£8.95
Chicken or lamb with barbecued onions, tomatoes, peppers and aubergines, roasted to perfection.		
64	CHEESY CHICKEN TIKKA	£8.95
Succulent pieces of chicken tikka finished off with a topping of mozzarella, leaving a mouth watering taste not to be forgotten.		
65	SALMON TIKKA	£8.95
Fine Scottish salmon delicately baked in a clay oven with mouth watering spices.		
66	TANDOORI LAMB CHOP (5 PIECES)	£9.50
Tender lamb chops marinated in home spices, flame grilled to perfection.		
67	CHICKEN OR LAMB TIKKA	£7.95
Chunks of chicken or lamb, flame grilled, then tossed in fried onions and fresh coriander.		
68	TANDOORI CHICKEN (HALF)	£7.95
Marinated in fresh ground spices, roasted in a Tandoori, the ultimate favourite.		
69	EASTERN STIR FRY	£12.95
Strips of chicken fried with green and red peppers and onions with a sweet chilli and soy sauce. Served with sizzling rice (fusion) dish.		

Biriyanis

The following dishes are accompanied by vegetable curry sauce.

70	BLUE GINGER MIX	£12.95
71	KING PRAWN	£12.95
72	CHICKEN TIKKA OR LAMB TIKKA	£9.95
73	CHICKEN, MEAT OR PRAWN	£8.95
74	VEGETABLE	£8.95

Seafood Selection

All dishes are served with Pilau rice or steamed rice. Most dishes can be prepared to desired strength, mild, medium or hot.

75	SALMON DELIGHT	£12.95
Chunks of pink salmon cooked with coconut, almonds and cream in a mild and sweet sauce.		
76	SALMON SHUKNA	£12.95
Chunks of pink salmon cooked in a rich onion sauce, ginger and fresh coriander.		
77	SALMON GARLIC CHILLI BHUNA	£12.95
Chunks of pink salmon, cooked with fresh garlic and green chilli in a hot sauce.		
78	SCALLOP MASS BHUNA	£12.95
Scallops are seasoned and fried in olive oil, then cooked in marinated brown onions, garlic, fresh herbs and chillies, topped with finely chopped coriander.		
79	SCALLOP DE KHUDU	£12.95
Cooked with fresh butternut squash in a medium sweet sauce.		
80	SCALLOP GARLIC CHILLI FRY	£12.95
Cooked with sliced onions, fresh whole chillies in a fiery sauce!!		
81	CRAB CHILLI MASSALA	£12.95
Crab meat cooked in thick tasty sauce with fresh green chillies, coriander and spice. Delicious!		
82	TELPHIA NAGA	£12.95
Boneless flat fish served in a medium to hot sauce, with fresh Naga and coriander.		
83	TANDOORI KING PRAWN CAPSICUM	£12.95
Tasty capsicum barbecued & cooked with king prawns in onions, garlic, ginger & aromatic herbs, garnished with chopped coriander.		
84	TANDOORI KING PRAWN SAG WALA	£12.95
Tandoori king prawns cooked with finely chopped spinach, herbs, spices & red chillies.		
85	TANDOORI KING PRAWN MASSALA	£12.95
A delicious combination of king prawns simmered in a sweet and sour masalla sauce.		
86	TANDOORI KING PRAWN GARLIC CHILLI	£12.95
King prawns marinated in Tandoori spices cooked with fresh garlic, chillies and garnished with coriander.		

Vegetarian Options

87 KORAH VEGETABLE (onions, tomato and peppers in a medium sauce)	£6.95
88 SHABJI MASSALA (mild, creamy and sweet sauce)	£6.95
89 VEGETABLE GARLIC CHILLI (fresh garlic and mixed vegetables in a hot fiery sauce)	£6.95
90 QUORN BHUNA (Quorn pieces with tomatoes in a medium thick sauce)	£7.95
91 VEGETABLE/QUORN SALLI	£7.95
92 QUORN AND VEG CHATT	£7.95

Vegetable Side Dishes

93 MUSHROOM BHAJI	£3.50
94 BINDI BHAJI	£3.50
95 CAULIFLOWER BHAJI	£3.50
96 BOMBAY POTATO	£3.50
97 SAAG BHAJI	£3.50
98 BENGUN BHAJI	£3.50
99 TARKA DAAL	£3.50
100 MIXED VEGETABLES	£3.50
101 SAAG PANEER	£3.50
102 SAAG ALOO	£3.50
103 CHANA PANEER	£3.50

Rice Selection

104 PLAIN BASMATI RICE	£3.25
105 PILAU RICE	£3.25
106 ONION FRIED RICE	£3.25
107 BROWN RICE	£3.25
108 EGG FRIED RICE	£3.25
109 GARLIC FRIED RICE	£3.25
110 MUSHROOM PILAU	£3.25
111 VEGETABLE RICE	£3.25
112 COCONUT PILAU RICE	£3.25
113 BLUE GINGER MIXED RICE	£3.25
114 KEEMA PILAU RICE	£3.25
115 LEMON CHILLI RICE	£3.25

Tandoori Breads

116 NATURAL NAN	£2.95
117 KEEMA NAN (plain with spiced mince lamb filling)	£2.95
118 PESHWARI NAN (dried fruit and nuts)	£2.95
119 BULLET NAN (seasoned with fresh garlic and chilli)	£2.95
120 GARLIC NAN (seasoned with fresh garlic)	£2.95
121 CHEESE NAN (topped with grated mozzarella)	£2.95
122 CHEESE & GARLIC NAN (fresh garlic and mozzarella)	£2.95
123 GARLIC & CORIANDER (with fresh garlic and coriander)	£2.95
124 CHAPATI	£1.50
125 POROTHA	£2.95

English Dishes

126 SIRLOIN STEAK	£12.95
127 OMLETTE (Chicken, mushroom or cheese)	£8.95
128 FRIED SCAMPI	£8.95

Blue Ginger Extras

129 POPADOM OR SPICY POPADOM	£0.70
130 CHUTNEY TRAY	£1.50
131 PICKLES (mango, chilli, lime or mixed) - each	£0.70
132 MIXED RAITHA	£2.50
133 CHIPS	£2.00

A warm welcome awaits you at the Blue Ginger Indian Restaurant. The Blue Ginger chefs will create something extraordinary with exotic spices and flavours, infused with the finest ingredients. A perfect venue for a meal out, whether it's with friends, family or that special someone.

With a modern Indian atmosphere it will surely leave you with a memorable evening.

We try very hard to give you the best service. We believe in fresh, good and healthy cooking. So please give us time to cook a special, nutritious meal for you.

If you are in a hurry - sorry, we do not do anything ready cooked here. The only Curry and Tandoori establishment in the South West with your health in mind.

HOUSE RULES

Shouting, screaming, bad language or abusive behaviour will not be tolerated as this is a family restaurant.

ALL DINERS MUST ORDER A MAIN MEAL.

The Management reserves the right to refuse without reason. All major parties will be required to pay a non-refundable deposit. All parents are asked to keep their children on best behaviour and seated whilst in the restaurant.



All Major Credit Cards Accepted

Service Charge is not included. VAT included in all prices where applicable. Management reserve the right to refuse admission or service at their discretion. Blue Ginger will always value your constructive comments on how to improve our quality food and service.

Any suggestions or complaints please forward to the address below:-

Blue Ginger, 36-38 Gilda Parade, Whitchurch, Bristol BS14 9HY

Welcome to

blueginger

Bengal Cuisine

*Blue Ginger is much more than just an Indian restaurant,
it's a mouth watering experience of traditional flavours!*

www.bluegingerrestaurantbristol.co.uk